

Novel Coronavirus (COVID-19) Preventive Guide In taxi and Public transportations

About

Coronavirus (COVID-19) belongs to a large family of viruses that cause diseases ranging from common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and severe acute respiratory syndrome (SARS-CoV). Most cases were registered initially in the Republic of China. but COVID-19 has spread to several countries around the world.

How does (COVID-19) spreads:

When a person with (COVID-19) coughs or exhales, he releases droplets of fluid infected with the disease, and those droplets fall on surfaces and nearby objects such as offices, tables or phones.

Then the disease is transmitted when people touch those contaminated surfaces and touch their eyes, mouth, or face afterward.

It is also possible for the disease to transmit if a person is standing one meter or less away from the person infected with (COVID-19) by direct contact through the diffused droplets from those infected.

Know that most people with (COVID-19) suffer from mild symptoms and recover from it, some may experience more serious symptoms and may need hospital care.

Risk of infection:

The risk of infection increases among some groups, such as:

- 1 -The elderly.
- 2 -People who have chronic diseases, such as diabetes, heart and lung diseases and renal failure.
- 3 -People with a weak immune system.

Symptoms of infection:

The main symptoms include fever, cough, shortness of breath, and sometimes symptoms can develop into pneumonia. The infection may cause severe complications for people with a weak immune system, chronic diseases, and the elderly.

For the driver:

- Avoid handshakes.
- Open the windows after the costumer leave.
- Clean and sterilize surfaces and tools constantly.
- Sterilize your hands after handling cash.
- Make sure you have tissues and sterilizers in the car.
- Avoid close contact with people who have a respiratory symptoms.
- Wash your hands before touching your eyes, mouth and nose.
- wash your hands with water and soup or by using sterilizers.
- cover your mouth and nose with tissues while coughing or sneezing then dispose them.
- stay at home when you feel sick.

For the customer:

- Avoid touching surfaces with your bare hands as much as possible.
- Avoid handshakes.
- It is preferable to use electronic payment methods.
- Avoid close contact with people who have a respiratory symptoms.
- Wash your hands before touching your eyes, mouth and nose.
- wash your hands with water and soup or by using sterilizers.
- cover your mouth and nose with tissues while coughing or sneezing then dispose them.
- stay at home when you feel sick.

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